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# **Education Goes Hand In Hand With Dermalogica Skin Care Products**

Dermalogica skin care products are developed by a company that is committed to the education of their clients. The company was started circa 1983 and has remained privately owned since. The product range is not available just anywhere. The company prefers that its clients work together with their beauty therapist to get the best results from their Dermalogica skin care products.

Most people associate Dermalogica with professional makeup artists; which makes some people trust the brand more than one that is available to buy anywhere. If you decide to try out the range, always test their products first to check they suit your skin.

This company is very clear about what they don't use in their products. They are one of the few not to use lanolin; something my skin thanks them for! But they are less specific as to what their products do contain. I believe this is done to prevent other competitors from copying their entire range of products.

Dermalogica skin care range covers all skin problems from dry skin right through to acne. When Jane Wurwand set up the company, she opened the international dermal institute with a view to providing ongoing training to skin therapists. The company aims to avoid irritants and doesn't include fragrances or alcohol. Natural ingredients such as cucumber are combined with synthetic materials to provide a range of gentle but effective treatments. Some of the product ranges are suitable even for skin which reacts to water.

Dermalogica skin care products are committed to results rather than pretty bottles. It firmly believes that education combined with great products is the way to beautiful skin. When you go to see a therapist they will conduct an analysis of your skin to determine exactly what issues are causing you problems. We often experience different skin issues as we progress through life. As a teenager, we may have experienced acne breakouts. But now our main issue is dry skin but we are still prone to pimples occasionally. A skilled beauty technician will be able to recommend the most suitable products.

They will also advise you on how to improve your skin via your diet and your lifestyle. Don't be surprised if they start asking you about the amount of sleep you are getting, whether you feel stressed or when you last got exercise. These questions are designed to give them a holistic view of your health as it will impact on your skin. You cannot expect your skin to be in its best condition regardless of the products you use if your diet and lifestyle are not giving you the nutrition and rest that you need.

A day at a Spa should be mandatory for all women and I am sure some men would love it too. It is a heavenly experience comprised of full on pampering. I would highly recommend the Dermalogica skin care products to anyone interested in really caring for their skin.

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